

# HIDDEN VALLEY LAKE SWIM LESSON REGISTRATION

Child name: \_\_\_\_\_ Age: \_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ NON-Resident Y/N

Parent: \_\_\_\_\_ Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Comments: \_\_\_\_\_

**\*Must be 3yrs old by 1/1/2022 for these classes**

July 11-14                      10:00am - 10:45am

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**HVL Swim Lesson Registration Information:** Pool – 812-537-1707 - Grace

- \* Cost: \$40 per child per week for HVL Resident with ID.
- \* Cost: \$50 per child per week for NON-HVL Resident. Non-residents can sign up on June 8<sup>th</sup>.
- \* Payment is expected at registration and is non-refundable (Cash or Checks payable to HVL POA).
- \* Classes may be held during rain but cancelled for thunder and lightning.
- \* Must be 3 years old by January 1, 2022.
- \* Class sizes are limited and registration forms are taken on a first come first serve basis.
- \* **Registrations can be dropped in the POA mailbox with payment.**
- \* **You may also sign-up during regular pool hours at the front desk.**

## **CLASS INFORMATION**

**The first day of lessons, the instructors will put your child in their specified "level".**

**Level 1** -Designed for children who need to become better acquainted with the water. Skills taught include putting face in the water, blowing bubbles, bobs, water safety rules, supported floating & kicking & jumping off the side & the diving board. Other skills may be added as these are achieved are achieved.

**Level 2**– Swimmers who have conquered their fear of water and are now ready for the next step of becoming a confident swimmer. Skills taught: head/face in the water, proper kicking, floating, independent swimming and jumping off the side and diving board

**Level 3** - Swimmers who are ready to learn freestyle, backstroke, treading water, floating unsupported, water safety. Other skills may be added as these are achieved. Some work may be done in the deep end. Must be able to swim independently with face in the water to be in this class

**Level 4**—Swimmers who have mastered all the other classes and are ready to learn proper technique like side breathing freestyle, backstroke, breaststroke, treading and diving. Review safety rules. Most work will be done in the deep end.

**Beginner** – Combination of Level 1 & 2

**Intermediate** - Combination of Level 3 & 4

