

# HIDDEN VALLEY LAKE SWIM LESSON REGISTRATION

Child name: \_\_\_\_\_ Age: \_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ Non – Resident \_\_\_\_\_

Parent: \_\_\_\_\_ Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Comments: \_\_\_\_\_

## **Choose the week(s) & level**

\*Must be 3yrs old by 1/1/2018 for these classes

\_\_\_\_\_ June 11-14 LEVEL \_\_\_\_\_

\_\_\_\_\_ June 25-28 LEVEL \_\_\_\_\_

\_\_\_\_\_ July 16-19 LEVEL \_\_\_\_\_

\_\_\_\_\_ Evening Beginner – Tuesday (June 5, 12, 19, 26)

\_\_\_\_\_ Evening Intermediate – Wednesday (June 6, 13, 20, 27)

\_\_\_\_\_ Saturday Beginner – (June 9, 16, 23, 30)

\_\_\_\_\_ Saturday Intermediate – (June 9, 16, 23, 30)

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**HVL Swim Lesson Registration Information:** Pool – 812-537-1707 or [aruberg@comcast.net](mailto:aruberg@comcast.net)

\*Cost: \$40 per child per week, *please make checks payable to HVL POA*

\*Payment is expected at registration and is non-refundable

\*Classes may be held during rain but cancelled for thunder and lightning

\* Must be 3 years old by January 1, 2018

\*Class sizes are limited and registration forms are taken on a first come first serve basis

\* Registration in person Tuesday May 22 & Thursday 24, 2018 beginning at 4pm

## **Dates & Times**

June 11-14, June 25-28, July 16-19 *Monday-Thursday 11:15 am-Noon*

(Fridays will be used as weather make up day)

Evening- Beginner Tuesday 6:15-7:00 pm June 5, 12, 19, 26 (*Weather Make up date July 10*)

Evening - Intermediate Wednesday Time: 6:15-7:00 pm June 6, 13, 20, 27 (*Weather Make up July 11*)

Saturday – June 9, 16, 23, 30 11:00am-11:45am ( *Weather Make up July 7*)

## **CLASS INFORMATION**

**Level 1** -Designed for children who need to become better acquainted with the water. Skills taught include putting face in the water , blowing bubbles, bobs, water safety rules, supported floating & kicking & jumping off the side & the diving board .Other skills may be added as these are achieved are achieved.

**Level 2**– Swimmers who have conquered their fear of water and are now ready for the next step of becoming a confident swimmer. Skills taught head/face in the water, proper kicking, floating, Independent swimming. Jumping off the side and diving board

**Level 3** - Swimmers who are ready to learn freestyle, backstroke, treading water, floating unsupported, water safety Other skills may be added as these are achieved. Some work may be done in the deep end. Must be able to swim independently with face in the water to be in this class

**Level 4**—Swimmers who have mastered all the other classes and are ready to learn proper technique side breathing freestyle, backstroke, breaststroke , treading and diving . Review safety rules. Most work will be done in the deep end

**Beginner** – Combination of Level 1 & 2

**Intermediate** - Combination of Level 3 & 4

Swim Lesson Classes will uses REMIND this summer , please sign up for the appropriate class to get updates.