



Hidden Valley Lake

HIDDEN VALLEY LAKE SWIM LESSON REGISTRATION 2017

Registration is at the pool on May 23 & May 25, 2017 from 4 – 7 p.m.

Child name: _____ Age: _____ DOB: ____/____/____
*Must be 3yrs old by 1/1/2017 for these classes

Address: _____ Non-Resident _____

Parent: _____ Phone: _____ Email: _____

Comments: _____

Choose the week(s) & Level (see descriptions below)

- _____ Week of June 5 - 8* LEVEL _____
- _____ Week of June 12 - 15* LEVEL _____
- _____ Week of July 10 - 13* LEVEL _____

Monday - Thursday 11:15 a.m. - noon

***Fridays will be used as weather make-up days**

- or -

- _____ Beginner (Evening) – Tuesdays - *June 6, 13, 20, 27*, 6:15 p.m. - 7 p.m. (Make-up date July 11)
- _____ Intermediate (Evening) – Wednesdays - *June 7, 14, 21, 28*, 6:15 p.m. - 7 p.m. (Make-up date July 11)
- _____ Beginner (Saturday) – *June 3, 10, 17, 24*, 11 - 11:45 a.m. (Make-up date July 8)
- _____ Intermediate (Saturday) – *June 3, 10, 17, 24*, 11 - 11:45 a.m. (Make-up date July 8)

HVL Swim Lesson Registration Information:

- * Pool – (812) 537-1707, or aruberg@comcast.net
- * Cost: **\$40.00 per child** per week. Please make checks payable to *HVL POA*
- * Payment is expected at registration and is non-refundable
- * Classes may be held during rain but cancelled for thunder and lightening
- * Class sizes are limited and registration forms are taken on a first-come first-serve basis
- * Registration will be at the pool on **May 23 & May 25, 2017 from 4 – 7 p.m.**

CLASS LEVEL INFORMATION

Level 1 - Designed for children who need to become better acquainted with the water. Skills taught include putting face in the water, blowing bubbles, bobs, water safety rules, supported floating & kicking & jumping off the side & the diving board. Other skills may be added as these are achieved.

Level 2 – Swimmers who have conquered their fear of water and are now ready for the next step of becoming a confident swimmer. Skills taught include head/face in the water, proper kicking, floating and independent swimming, jumping off the side and diving board.

Level 3 – Swimmers who are ready to learn freestyle, backstroke, treading water, floating unsupported and water safety. Other skills may be added as these are achieved. Some work may be done in the deep end. Must be able to swim independently with face in the water to be in this class.

Level 4 – Swimmers who have mastered all the other classes and are ready to learn proper techniques for side breathing freestyle, backstroke, breaststroke, treading and diving. Includes a review safety rules. Most work will be done in the deep end.

Beginner - Combination of Level 1 & 2
Intermediate - Combination of Level 3 & 4

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